

Online Conference  
**Diving deep into Vrttis**  
28 february 2026



## Program

- Welcome and introduction to AMAYE
- Dr.Prof. Shraavan Kumar presentation 45'
- Q&A on his presentation 15'
- Panel 3 speakers. Ac. Premamayananda Avt., Rudramohan, Ac. Kamaleshvara , 12' each
- Q&A on their presentation 15'
- Announcements and Break 5 minutes
- Ac. Vishvarupananda Avt. Asana class 45'
- Conclusion and future Vrttis events

**Time of zoom the Conference: 1.30 PM UTC**

<https://zoom.us/j/94047553723?pwd=VvISnRjybryZdPPI8s3wuO0X1Ez4ib.1>

ID meeting : 940 4755 3723 Code : 452043

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Registration: <https://www.eventbrite.com/e/diving-deep-into-vrttis-tickets-1981408235370>